

# Greater Prince William Community Health Center

## H<sub>1</sub>N<sub>1</sub> Town Hall Meeting

November 18, 2009



Greater Prince William  
Community Health Center  
Serving Greater Prince William County, Manassas, and Manassas Park

Community Health Center

# Primary Care Services

- Comprehensive Well Child Care and School Physicals
- Family and Internal Medicine
- Women's Health (Procedures)
- Family and Adult Medicine
- Sick Visits for Adults and Children
- Physical Exams (School, Employment, and Sports)
- Disease Screening
- Chronic Disease Management and Education
- Laboratory Work
- Pharmacy Assistance



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## Community Health Center

# Locations

- **Ridgewood Center**  
4379 Ridgewood Center, Suite 102, Woodbridge, Virginia
- **Manassas Office**  
9444 Taney Road, Manassas, Virginia
- **Mobile Clinic**  
Elementary Schools, Senior Center, Homeless Shelters,  
Health Fairs



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# Hours of Operation

Single Appointment Line 703.680.7950

**Monday – Friday**

8:00 am–4:30 pm

**Wednesday**

8:00 am-7:00 pm

**Saturday**

9:00 am-1:00pm



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# Signs & Symptoms: H1N1 Influenza

- Fever
- Cough
- Sore throat
- Runny or stuffy nose
- Body aches
- Headache
- Chills and fatigue
- Vomiting and Diarrhea (Possible)



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# Modes of Transmission

- Same way as seasonal flu spreads
- Mainly from person to person through coughing or sneezing by people with influenza
- May become infected by touching something – such as a surface or object – with flu viruses on it and then touching their mouth or nose.



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# Pandemic Influenza Plan

- Implement CDC Guidelines
- Provide H1N1 and Seasonal Influenza Vaccines
- Provide Patients With Antiviral Medication
- Collaborate With Local Hospitals and Health Department



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# Pandemic Influenza Plan (Continued...)

- Immunize All Staff and Immediate Family Members
- Triage Patients for Influenza-Like Illness Symptoms
- Provide Advice and Information To Patients (Language and Reading-Level Appropriate)



# Immunization Of Target Groups

- Pregnant Women
- Persons Who Live With/Care For Children Younger Than 6 Months Of Age
- Healthcare and Emergency Medical Service Personnel
- Persons Between Ages of 6 Months – 24 Years Old
- Persons Ages 25-64 Years Old At Higher Risk For 2009 H1N1 Due To Chronic Health Disorders/Compromised Immune Systems.



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# 2009 H1N1 In Companion Pets

- Swine, Turkeys, Ferrets, and Domestic Cats Have Been Infected With 2009 H1N1 virus
- Currently, There Is Not a Licensed and Approved 2009 H1N1 Vaccine For Companion Pets



# What You Can Do to Stay Healthy

- **Get Vaccinated**
  - Vaccination is the best protection we have against flu.
- **Take Everyday Actions To Stay Healthy**
  - Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
  - Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.



# What You Can Do to Stay Healthy

(Continued...)

- Avoid touching your eyes, nose and mouth. Germs spread that way.
- Stay home if you get sick. CDC recommends that you stay home from work or school and limit contact with others to keep from infecting them.
- **Follow Public Health Advice**
  - School closures, avoid crowds, other social distancing measures.
- **Stay Informed!**



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